



GastroDoxs
— defenders of the digestive system —

Capsule Endoscopy

Areas Examined & Treated	
Areas	<ul style="list-style-type: none">• Duodenum• Jejunum• Ileum

The Procedure	
Capsule Endoscopy	
Diagnostic	Capsule endoscopy is a procedure in which you swallow a vitamin-sized capsule that takes thousands of images as it moves through your digestive system

Cypress Office : 27700 Highway, 290 Suite, 580 Cypress, TX 77433
Jersey Village Office : 10425 Huffmeister Road, Suite 280, Houston, TX 77065
Katy Office : 23920 Katy Freeway, Suite 560, Katy, TX 77494
Katy Office : 21777 Merchants Way, Suite 410 Katy, TX 77449
Phone: 832-632-4070 | Fax: 832-688-9496
Email: info@gastrodoxs.com | Website: www.gastrodoxs.com



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Before Your Procedure	
Schedule Your Procedure	
Appointment	Schedule your procedure appointment with GastroDoxs by phone @ 832-632-4070 or in the office
Location	The procedure is performed in our clinic
Insurance	If any prior authorization is required for the procedure, our office will obtain the required authorization
Financial	GastroDoxs procedure fees will be collected when you schedule your procedure
Changes	To cancel or reschedule, call or text GastroDoxs @ 832-632-4070

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The Day Before Your Procedure	
Cleaning	Your small bowel is mandatory for the best Visualization
Foods	Clear liquid diet
Medication	<ul style="list-style-type: none">• 6pm - Drink 7 Capfuls of over the counter Miralax - Peg 3350 119 gms with 32 oz of water• 7pm - Drink over the counter Mylicon - Simethicone 0.6 ml with 8 oz of water• 10pm - No food or liquids after 10pm except water or medication



Procedure Day	
Foods	No food or liquids on the procedure day except water, medication, Miralax or Mylicon
Medication	<ul style="list-style-type: none">• 6am - Drink 1 Capful of over the counter Miralax - Peg 3350 17 gms with 8 oz of water• 7am - Drink over the counter Mylicon- Simethicone 0.6 ml with 8 oz of water
Arrival	Arrive at the office for your procedure at your scheduled time
Ingestion	When you arrive you will be asked to swallow the CapsoCam



Retrieval	<ul style="list-style-type: none">• You will be given a kit for retrieval of the Capsule• Our staff will demonstrate how to use the strainer hat & wand for retrieval• Use the strainer hat for each bowel movement until the capsule has been retrieved• Once retrieved, place the Capsule in the vial provided• Ensure the vial lid is locked & put in the envelope provided• The capsule can take up from 4-36 hours to pass
Mailing	<ul style="list-style-type: none">• A FedEx shipping label will be given• Place the label on the envelope & drop it off at your nearest FedEx drop box



After You Ingest the Capsule

Foods	<ul style="list-style-type: none">• 2 hours After - after ingestion of Capsule, resume a clear liquid diet• 2pm - Light lunch allowed• 8pm - Light dinner allowed
Medication	<ul style="list-style-type: none">• 2 hours after - All medications can be resumed• 4 hours after - Drink 1 Capful of over the counter Miralax - Peg 3350 17 gms with 8 oz of water

After Your Procedure

Foods	You may resume your normal diet the day after the procedure
Medications	Resume normal medication schedule the day after the procedure
Retrieval	It is extremely important to use the hat container to retrieve the capsule
Mailing	Follow the instructions to mail the capsule



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No Capsule Located or Retrieved	Call our office after 72 hours if the capsule has not passed
Appointment	Ensure that you have a follow-up 2-3 weeks after the procedure
Results	<ul style="list-style-type: none">• Your results will be discussed in detail• Treatment recommendations will be given
Questions	Call or text GastroDoxs @ 832-632-4070

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